

# D & K

**Duffy & Kwiatt Dental Associates**  
*Advanced dentistry with a personal touch*  
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## **INSTRUCTIONS FOLLOWING ROOT CANAL TREATMENT**

1. If you experience soreness around the injection site or in the gum surrounding the tooth mix 1 teaspoon salt with a glass of warm water and rinse your mouth several times today and tomorrow. **TENDERNESS TO BITING PRESSURE IS COMMON FOR 1-3 DAYS FOLLOWING EACH APPOINTMENT.** Some soreness after HEAVY biting may last up to one month.
2. If the gum, lips or jaw becomes swollen, please call our office immediately.
3. You may use ibuprofen (Advil, Nuprin, Motrin IB) 400 mg every 6 hours for the next 72 hours. If you cannot take ibuprofen, then substitute acetaminophen (Tylenol) 1000 mg every 4-6 hours. If these are not sufficient for pain relief, please call our office.
4. If a small portion of the temporary filling falls out, or if you experience a medicinal taste, there is no need for concern. You may also notice that the temporary filling has sunk slightly into the tooth, this also is normal.
5. If the entire temporary filling falls out, try to keep the area clean and contact our office within the next 24 hours.
6. If you received a prescription for an antibiotic, take it as instructed and finish the entire prescription unless otherwise instructed by the dentist.
7. **Be sure to keep all of your scheduled appointments.** Long intervals between appointments may lead to complications.