

D & K

Duffy & Kwiatt Dental Associates

Advanced dentistry with a personal touch

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INSTRUCTIONS FOLLOWING TOOTH COLORED FILLINGS:

1. Please avoid eating or drinking anything hot until the numbness wears off.
Please be careful not to bite or burn your lip, cheek or tongue during this time.
The filling is as hard as it is going to be - you may chew on that side of your mouth as soon as the numbness wears off.
2. There may be some sensitivity to temperatures, especially cold. This could last anywhere from a few days to several weeks depending on the amount of decay that was present in the tooth.
3. There may be some sensitivity to biting. If you feel like you are "hitting first or harder" on that tooth when you bite down, please call our office.
4. There may be some sensitivity around the gum or at the injection site.
Please mix 1 teaspoon salt with a glass of warm water and rinse your mouth several times today and tomorrow.
5. If the nerves of your teeth were unhealthy before treatment, they may become symptomatic at this time. **If the tooth remains sensitive**, please contact our office.