

# D & K

**Duffy & Kwiatt Dental Associates**  
*Advanced dentistry with a personal touch*  
10 Phillip Road Suite 128  
Vernon Hills, IL 60061  
847-367-6410  
www.duffyandkwiatt.com

## **POST-OPERATIVE CARE FOLLOWING EXTRACTIONS, IMPLANTS & ORAL SURGERY**

A certain amount of bleeding, pain and swelling is normal.

Reduce your activity as much as possible for several hours. Avoid eating, drinking, and unnecessary talking. **During the first 24 hours do not brush in the area of the extraction or implant.** These activities may hinder formation of a blood clot which is necessary for proper healing.

Do not be alarmed if your vision is blurred for a time following anesthesia or if a "black and blue" bruise should appear at the site of an injection.

**FOR 24 HOURS DO NOT SMOKE, SPIT, DRINK THROUGH A STRAW OR RINSE VIGOROUSLY.**

### **To Control Bleeding**

Immediately following the procedure, keep a steady pressure on the bleeding area by biting firmly on the gauze pad placed in your mouth by the doctor. Pressure helps reduce bleeding and permits formation of a clot in the tooth socket. Remove the gauze after 1/2 hour and check the socket area carefully. If the bleeding has stopped you may omit using the gauze. If the bleeding persists dampen and place another folded gauze to the area. Replace this every 1/2 hour until the bleeding has stopped. A small amount of fluid seepage is normal for a few hours after surgery.

After 24 hours...some oozing of the blood may persist. If necessary, resume use of sterile gauze pads. After bleeding has stopped, cautiously resume oral hygiene.

### **To Relieve Pain**

Immediately following the procedure...apply an ice bag over the affected area. Use 15 minutes on and 15 minutes off to help prevent development of excessive swelling and discomfort. Apply ice at least 3 times the first day or more often if necessary.

After 24 hours...it should not be necessary to continue with cold applications. However, contact your doctor for instructions on continued care if swelling persists or if a fever develops.